

THE NORTHERN LINK

Land O'Lakes Community Services

Our Community,
Our Commitment

12497A Highway 41 Unit 1
Northbrook, On., K0H 2G0

April 2011

Phone: 613-336-8934
Fax: 613-336-2044
Toll Free 1-877-679-6636



HELP WANTED!

LOLCS in Northbrook, is looking for new Board members. Our board is a governing body that focuses on directing and protecting the interests of our membership. If you are interested, or know someone who is, please contact Susan or Penny at 613-336-8934.

ANNUAL GENERAL MEETING

Please join us at the Northbrook Lions Hall, on June 21, 2011 for our Annual General Meeting. There will be a reception at 5:30 p.m., potluck at 6:00 and our business meeting at 7:00 p.m. Our guest speaker this year will be Erin Lee-Todd from Lanark County Interval house, speaking on Safety & Technology.

NOW AVAILABLE - HOMEMAKING SERVICE

Starting April 1st, Homemaking Services are available to Seniors. For a small hourly fee, you can get help with grocery shopping, laundry and light house work. Gift certificates are available for gift-giving. For more information, please call Pam @336-8934 ext.229.

NEIGHBOURLY YARD SERVICES

Adult Protective Services is once again offering seniors and other community members the opportunity to have their yards maintained by NEIGHBOURLY YARD SERVICES. This young adult volunteer group offers:

raking *weeding* *planting* *sweeping*

Wood piling *trimming* *brush piling*

This is a voluntary service, donations are greatly appreciated. For more information or to book a work date, please call Jilene at LOLCS, 613-336-8934 ext. 228.

CHILD & YOUTH TRANSPORTATION PROGRAM

Need A Ride? if you are a *child or youth up to 21 years of age*, still in school and live in Addington Highlands or parts of North Frontenac, The Land O Lakes Community Services Child and Youth Transportation Program may be able to help! We offer transportation to appointments, after school programs, co-op placements, youth groups, playgroups and other community clubs or social events. There is an affordable fee for service or you may qualify for subsidy! Contact Becky at 613-336-8934 ext 257 if you need a ride or are interested in driving.



ADULT DROP IN—TUESDAYS—NORTHBROOK

FUN & FITNESS

Mild exercise for all ages and stages

10:00 to 11:00 am

Led by trained Instructors

At the Royal-Lepage building.

Join us for **lunch** at Lion's Hall

Nutritious & Delicious!

Only \$6 per person

No reservations

required

BINGO

4th Tues of each month
immediately after lunch

25 cents per card

Cash prizes!

CARDS

Every Tues. at 1 pm @ Lion's Hall

EUCHRE

Every Tues. Evening at 7 pm @ Lion's Hall

DENBIGH

WEEKLY EXERCISES

Tues. Mornings

In the Church Basement

Diners Club

1st Monday of every month

(except on holiday)

\$6 ea. @ Comm. Centre

BI-WEEKLY CRAFT GROUP

Weds. 1—3 pm

Community Centre

LAND O'LAKES WOMEN'S PROGRAM

Say No to Violence Against Women

"Confidential Services"

For information, help or support

Call 1-877-679-6636

Or 613-336-8934

Thurs—Ladies Craft Group—free of charge, just bring your craft supplies—LOLCS Board Room 9:30am-11:00am. Call Jeannie 613-336-8934 if you plan to stop in.

MEALS ON WHEELS

Thursdays—\$5.50 ea.

Apr 14-Roast Ham

Apr 21- Spaghetti

Apr 28-Roast Beef

Call Marlene at

613-336-0754

to reserve yours!

